



## Arizona Medical Board

### Checklist For Choosing A Physician To Perform A Cosmetic Procedure

1.) Obtain a list of names of possible physicians from your primary care physician, your family, friends and colleagues.

2.) Research the physicians.

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- Examine each physician's profile on this Web site, [www.azmd.gov](http://www.azmd.gov)
- Internet
- Primary care physician
- Other

3.) Research the physician's training

- Where did he/she receive training?
- What type of formal training did the physician receive?  
Residency?  In?   
Fellowship?  In?
- What type of informal training did the physician receive in the procedure?  
Organization:   
Length of training:
- Certified by an ABMS Board?  
Yes:  No:  In?
- Certified by a non-ABMS Board?  
Yes:  No:  In?
- Does the physician have hospital privileges to perform the procedure?  
Yes:  No:
- At which hospital(s)?



## Arizona Medical Board

4.) Upon seeing a physician, assess the MD while the MD assesses you.

- Did the physician answer all your questions?

Yes:  No:

- Did the physician spend appropriate time with you?

Yes:  No:

- Did the physician push or try to sell other procedures?

Yes:  No:

- How many times has the physician performed the procedure?

- How long has the physician performed the procedure?

- What other procedures does he/she perform?

- Who will assist in the procedure?

Name(s):


Their qualifications:


How were they trained?


Are all involved licensed in good standing? (Check w/appropriate Board)

Yes:  No:



## Arizona Medical Board

5.) Discuss the procedure with the physician.

- What is involved in the procedure – how is it performed?

- Will the physician use sedation?

Yes:  No:

- If yes, what level of sedation will the physician use?

General:  Deep:  Moderate:  Minimal:

- Who will administer and monitor the sedation?

Physician:  Other:  Who?

- How long will the procedure last?

- How long will the sedation effects last?

- How long will it take to recover in the facility before discharge?

- Where will the surgery take place?

Office:  Hospital:  Surgical Center:

- What are the emergency plans?

- To which hospital would you be taken?

- Will post-operative medicine be necessary?

Yes:  No:  Kind:

- Will there be noticeable scarring?

Yes:  No:

- What realistic results can I expect?

- Will the physician perform the procedure from first cut to last stitch?

Yes:  No:

- What are the risks associated with this procedure?

